

# Bangor MS Wrestling at Bloomingdale January 13, 2022

### **By: Anthony Villalobos**

This is how my first wrestling meet went. My teammates and I arrived at Bloomingdales High School. When I walked in the school I felt nervous.



Eventually different schools started arriving. After that a guy had a microphone, he was calling weight classes 70,75,80,85,90,95, and 100. My weight class was 95. I was up. I went against a Decatur kid.

We put a strap around our ankles, and me and the kid shook hands. The referee blew the whistle and we started to wrestle. We were wrestling and I finally had him on his back, I had him in a headlock on the ground on his back. The referee was counting to five and was seeing if the kid's back was on the ground, then I pinned him. Then other kids were wrestling. It eventually went back to weight class 70,75,80,85,90,95, and 100. This was my last match. I went against a Decatur kid again. We put a strap around our ankle and shook hands. The referee blew the whistle and we started wrestling. I did the Maynard on him and then pinned him on the ground. I pinned him in like 15 seconds. I won both of my matches and that's how my wrestling meet went. I hope you can come out and watch a match in person some day.

#### CHAT

### **By: Emanuel Ventura Guzman**

### Let's Get To Know Our Middle School Principal Paul Marfia

I interviewed the current Principal of Bangor Middle School, Paul Marfia, and this is part of our conversation.

#### Q: What made you want to become a Principal?

A: "School and education has opened a lot of doors for me. I look forward to providing that opportunity for the next generation and hopefully to give those opportunities to other people."

#### Q: What motivates you?

A: "I've been a teacher for 25 years and I wanted the chance to inspire a whole building, not just one classroom. When I see problems to fix I want to fix them. As a principle I have several opportunities to fix problems."

#### Q: How did your teaching experience influence your leadership?

A: "I had the chance to observe several educational leaders in my career and from each of them I've learned what to do and from some I've learned what not to do."

Q: What do you think our school needs to make the next jump? A: "We have great kids, we have great teachers, we need to find a way for everybody involved to realize we are on the same team and we need to go in the same direction."

#### Q: Describe your leadership style?

A: "I like to look at myself as a leader that empowers the people and the school because with that we have the power of compound interest. One person can only do so much but when you empower everyone you have a multiple effect."

#### Q: What are your greatest strengths?

A: "I like to think my work ethic, my ability to listen and my selflessness to pick the best solution, maybe not my own are the characteristics that make me a strong leader"

#### Q: What is your greatest accomplishment?

A: "My greatest accomplishments are yet to come and I've only been on the job for 9 months and I look forward to the future and all the things we will accomplish at Bangor Middle School."





Q: If someone were to become a Principal what advice would you give them?

A: "Be humble, work hard and know that a team can always accomplish more than you can."



#### **EDUCATION**

### A Conversation with Mrs. Nesbitt

### **By: Liam Bulley**

The Art teacher at Bangor Middle School is Jennifer Nesbitt. She has been here for 2-3 years and is thinking about letting the students pick their own Art projects and at the end of the month.

She does a big project at the end of the year. She is trying to make all the big projects similar. For Art now, she is thinking about doing fairy houses. If she goes with the fairy houses, she would like to put them on display.

In the past, the big Art projects she has done were gingerbread houses and Halloween houses. Maybe you had a chance to see them!!





Some current Bangor MS artwork





Some current Bangor MS artwork



#### **NEWS**

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# **By: Anne Tuinstra**

I have discovered lots of innocent Dolphins are being killed. I hope this will bring it the attention it deserves. I strongly despise this because dolphins are innocent creatures. This is considered a tragedy by many people. I hope that one day we can save up money and try to stop this overwhelming situation. The situation is more than 1,400 dolphins are being killed in the Faroe Islands hunt, stirring fresh anger over old tradition.

Boats have been seen herding them into shallow waters at Skalabotnur Beach, in Eysturoy, in the Kingdom of Denmark where they were killed with knives.

Even though this is considered legal, I do not think it should be. These Animals are important to our ecosystems. These are incredibly smart creatures. Killing them in this way is inhumane and done in excess. Others have a different opinion of these events.

"From an animal welfare point of view, it's a good way of killing meat - far better than keeping cows and pigs imprisoned," a Hunter said.

Here is a link you could look up if you want more facts about this horrifying news. Faroe Islands: Anger over the killing of 1400 dolphins in one day

# **ENTERTAINMENT**

# **Betty White and Her Tragic Death**

# **By: Armond Ashburn**

Do you know who Betty White is? If not, I'm here to tell you about her.Betty White one of America's favorite actresses. She was known for one of her popular shows, Golden girls.

She is also popular for her other show the Betty White show which aired from September 12, 1977 to January 9th 1978. She also had many other shows. She was born on July 17, 1922 in Oak Park IL.

DId you know that Betty white met her husband on a game show in 1961. She also had no children in 99 years of life. She also held a Guinness world record for being the longest tv career for entertainment for females. Her first sitcom hit was in the 1950s.

Betty White was also married three times in her lifetime to Allen Ludden, Dick Barker, Lane Allen.

If she wouldn't have been an actress she would have been a zookeeper. She died on December 30th 2021.







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